

AAUW Clayton Branch



Volume 36, Issue 11
Judy Bates, Editor

November Newsletter

**The Next Board Meeting will be on
Monday, November 2, 2009 at 7:30pm
at Dana McDaniel's House.**

**November General Meeting
Monday, November 23, 2009**

We will have a panel of 3 or 4 local entrepreneurs. One of the speakers is our own Esther Nicastro-Capon. All will be talking about the choices made, the paths followed that lead them to be who and what they are today.

**GOURMET NIGHT
NOVEMBER 14, 2009
6:30PM
ROSEANN KRANE'S HOME
1923 GREEN VALLEY RD., ALAMO**

INTERNATIONAL GOURMET WILL EXPERIENCE THE FOODS OF INDIA. THE MENU FOLLOWS:

BEVERAGE: MANGO LASSI OR NIMBU PANI (HARD) WITH VODKA

APPETISERS: CHICKEN TIKKA, PANEER TIKKA MASALA, SAMOSA, RAKII (YOGURT), NAAN

ENTREE: PEAS PULAO (PEAS AND RICE), DHAL, LAMB SAAG (SPINACH), FISH CURRY, RAKII (YOGURT), NAAN

DESSERTS: KHEER, GAJJAR HALWA & CHAI TEA

INTERNATIONAL GOURMET SHARES COSTS - WE COOK JUST ENOUGH FOR A TASTE OF EACH ITEM FOR EACH PERSON. EACH PARTICIPANT AND THEIR GUEST CHOOSES ONE ITEM TO MAKE AND EMAILS RKRANE@YAHOO.COM WITH THE RSVP. IT IS FIRST COME, FIRST SERVE. YOU WILL BE NOTIFIED OF THE NUMBER ATTENDING FOR PREPARATION AMOUNT. BRING FOOD AND TOTAL AMOUNT SPENT SO WE CAN CALCULATE COSTS AT THE DINNER. SEE MENU AND RECIPES AT WWW.CLAYTONAAUW.ORG/GOURMET/INDIA

**Danville-Alamo AAUW
5th Annual Holiday Home Tour
Friday, Dec. 11th & Saturday, Dec. 12th
10 am. - 4 pm.**

Tickets:

\$30 per person (postmarked by 12/3)

\$35 thereafter or day of tour.

\$25 for Seniors 65+

Tickets can be purchased by sending a self addressed, stamped return business sized envelope along with a check **payable to: Danville-Alamo AAUW** and mailed to Danville-Alamo AAUW, 255 Morris Ranch Ct., Danville, CA 94526 before December 3.

You can also purchase tickets at East Bay Floral Company at 206 Sycamore Valley Rd W. Danville (Livery Shopping Center) after November 15.

Questions, call Tena at 925 837-0826 or president@aauw-da.org. Our profits from the Holiday Home Tour go to local scholarships and Tech Trek.

THANK YOU! THANK YOU! THANK YOU!

The Clayton Community Library Foundation thanks those of you who donated books, helped sort books and sell books. As a result of your efforts we grossed \$8,312.75.

The CCLF Board



Clayton American Association of University Women

... promoting equity for all women and girls, lifelong education and positive societal change

NOVEMBER 2009 CALENDAR

BOWLING

MEETS 2ND FRI.
CONT: DANA
672-5025

BUNKO

MEETS 1ST TUES.
CONT: JUDY B.
672-4620

COUPLES BRIDGE

MEETS 4TH SAT.
CONT: CAROL W.
672-1303

EVE. BRIDGE

MEETS 2ND WED.
CONT: MARYANN
672-4391

EVE. LITERATURE

MEETS 4TH WED.
CONT: BARBARA F.
672-2525

READING:

SEE BELOW

FIELD TRIP

NONE SCHEDULED


CONT: ADELA O.
@ 672-9446
OR E-MAIL:
GRAMADELA@
COMCAST.NET

BOARD MTG.

MEETS 1ST MON.
7:30PM
DANA'S HOME
672-5024
(NONE IN JUNE,
JULY & AUG.)

GEN. MEETING

MEETS 4TH MON.
DIAMOND TER-
RACE @ 7:30PM
(NONE IN FEB.,
MAY, JUNE,
JULY, AUG. &
DEC.)

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 BOARD MTG. 7:30PM @ DANA'S	3 BUNKO 7:30PM	4	5	6	7
8	9	10	11 EVENING BRIDGE 7:30PM @ LOLA R.	12	13 BOWLING CALL DANA	14 GOURMET NIGHT 6:30PM
15	16 LUNCH & A MOVIE CALL JOANN C.	17	18	19	20	21 HIKING W/ LINDA P. CALL FOR INFO
22	23 GEN. MTG. 7:30PM DIAMOND TERRACE	24	25 EVE. LIT. MOVED TO DEC. 9	26 	27 DEADLINE NEWSLETTER ITEMS FOR OCT.	28 COUPLES BRIDGE 7:30PM JOYCE A.
29	30					

Reading for November—(Will be discussed at Books on Dec. 9th)

The Presidents House
By: Margaret Truman

GOURMET NIGHT- Saturday November 14th at 6:30pm at Roseann Krane's
See the info on page 1- go to the dinner menu website, choose what you want
to make and e-mail Roseann right away. Gourmet Night is **always** a lot of fun no
matter what country we are visiting!! Don't miss it!! Her #552-9799

The Clayton Valley Woman's Club will hold it's Holiday Boutique on November 21 & 22 from 10 to 4 in the Clayton Community Library's, Community Room. There will lots to see including Fall and Christmas items and a great bake sale. Must come and take a look!

Hope to see you there!

SEPTEMBER 19, 2009
MEMBERSHIP LUNCHEON

LA VERANDA
ITALIAN RESTAURANT
CLAYTON, CA



HOLIDAY PARTY

GET READY FOR OUR HOLIDAY PARTY ON SUNDAY, DECEMBER 6TH AT 5:30PM. WE WILL ALL GATHER AT DIAMOND TERRACE THIS YEAR FOR THE FUN AND FESTIVITIES. THE COST HAS NOT BEEN FINALIZED YET, BUT SHOULD BE AROUND WHAT IT WAS LAST YEAR. EVERYONE IS ASKED TO BRING AN APPE-TIZER TO SHARE.

CONCORD HIGH'S "LADIES FIRST" WILL PERFORM FOR US THIS YEAR. THEY WILL BE AT DIAMOND TERRACE AT 6:00PM TO SING.

PLEASE RSVP TO:
SUE K. AT REDHATSUE@EARTHLINK.NET
BARBARA F. AT BFOGERON@COMCAST.NET
IF YOU PLAN TO ATTEND.

WE ALL HAD A NICE TIME. THE FOOD WAS GREAT AND WE ENJOYED OUR SPEAKERS, JO HARBERSON AND THE TECH TREK GIRLS.

CUDOS TO ALL INVOLVED!



OUR GUEST SPEAKER
JO HARBERSON



TECH TREK GIRLS: GABBY BROWN,
MEGAN SCHUSSMAN, SAM SHUEY

NEW MEMBERS

DONNA
BAGGETT



HELEN PALMER LYNNE CHENNEY

JANISE
TREZIES



October 26, 2009

Clayton AAUW

President's Message

By: President Dana McDaniel



AAUW promotes equity for all women and girls, lifelong education, and positive societal change. AAUW is currently promoting Education as the Gateway to Women's Economic Security.

Our Membership V.P.'s and Program V.P.'s have arranged informative meetings for the 2009-2010 AAUW Program.

Our upcoming general meeting for the month of October will feature The League of Women Voters. Our meeting will be held on Monday, October 26, 2009 at 7:30 p.m. located at Diamond Terrace in Clayton, CA.

The following two articles can be found on the AAUW website.

One of top priorities in Congress right now is health care reform. And for good reason: America's current health care system is broken, expensive, and outdated. While there is no shortage of proposals for how health care reform should be achieved, AAUW's emphasis is not on pushing one proposal over another, but instead ensuring that whichever program ultimately emerges provides access to quality and affordable health care for all Americans.

We believe there are three key elements that must be included in any final health care reform legislation: an end to the practice of "gender rating," coverage of women's reproductive health services, and access to and coverage of preventive services and care. Join us in urging your members of Congress to make these three critical pieces a part of the final health care reform bill.

"Gender rating," the process by which insurance companies charge men and women different premiums for individually-purchased health care plans, is a discriminatory practice that can result in women's monthly premiums ranging from four percent to 48 percent higher than men's. Reproductive health services are a basic element of women's overall health care, and coverage of such services should be required. preventive care services such as screenings, immunizations, and educational material will not only improve women's health, but also reduce the financial strain on our health care system and improve the overall economy as a result.

Health care is intrinsically tied to economic security; this is particularly true for women, who earn less than men on average and use more health care services than men do. These two factors--less income, more costs--mean women face a high level of health care insecurity. Health care reform is necessary now more than ever, and it must focus on the need for access and affordability-in a way that is equitable to women.

Take Action!

To urge your members of Congress to support legislation that provides Americans with access to quality, affordable health care that is equitable to women, simply scroll down and follow the instructions to compose and send your letter.

For more information, visit AAUW's new [health care issue page](#) and read AAUW's new [health care position paper](#).



Keep Our Workers, Our Families, and Our Nation Healthy

Urge Your Representative to Support the Healthy Families Act

Across the nation, preparations are underway for what could be a busy flu season this fall. Doctor's offices and pharmacies have already started administering seasonal flu vaccines. The U.S. Food and Drug Administration recently approved the use of one dose of the [H1N1 flu](#) vaccine, expected to be available soon, for people over the age of 10. And the [Centers for Disease Control and Prevention](#) recently released new guidance for employers to decrease the spread of the flu strains.

Among other recommendations, the [CDC guidance tells employers](#) that regardless of the size of their business or the function or services they provide, "all employers should plan now to allow and encourage sick workers to stay home without fear of losing their jobs." In addition, the guidance recommends that employers institute flexible workplace and leave policies for sick workers, those who stay home to care for ill family members, and those who must stay home to watch their children if dismissed from school.

While AAUW applauds the CDC recommendations, millions of Americans still don't have the option of taking a sick day to care for family members or themselves without putting their jobs, their healthcare benefits, or their financial stability at risk because they lack paid sick days. In fact, nearly half of American private-sector workers have no paid sick days at all. Many workers who have the most contact with the public, including food service, hotel, child care, retail, and nursing home workers, are even less likely to have paid sick days.

The Healthy Families Act (H.R. 2460/S. 1152) would provide full-time employees with seven paid sick days a year to be used for their own medical needs or to tend to the medical needs of a family member. It would also allow workers to use paid sick time to recover from or seek assistance related to an incidence of domestic violence, stalking, or sexual assault. Part-time employees would receive a pro-rated share of paid sick days.

Paid sick days are a public health issue. In these tough economic times, however, the decision to stay home without pay is a very difficult one. Without the enactment of the Healthy Families Act, it's also a decision that too many American workers may be forced to make this flu season.

Take Action!

Urge your representative to cosponsor the Healthy Families Act to ensure American workers will be able to care for themselves and their families during times of illness. Simply enter your zip code and click "Go!" Then follow the instructions to compose and send your message.

If your representative has already signed on as a cosponsor, you will be able to send him or her a message of thanks.

For more information, read our [position paper](#) on workplace policies that allow employees to balance the responsibilities of work and family.

I hope to see everyone in October. This will be a terrific way to meet new friends and to learn something new and to find out what is new with AAUW at the State and National levels.

Check the State and National AAUW Website for Public Policy Issues. The latest Action Alert can be found online.

Dana McDaniel , Clayton Branch President And Public Policy Chair

November 23, 2009

Clayton AAUW

President's Message

By: President Dana McDaniel

AAUW promotes equity for all women and girls, lifelong education, and positive societal change. AAUW is currently promoting Education as the Gateway to Women's Economic Security.

Our November meeting will be held on Monday, November 23, 2009 at 7:30 p.m. located at Diamond Terrace.

In November we as a Nation honor our Veterans and celebrate Thanksgiving. My family has a long history of Veterans all the way back to the American Revolution. This month I will remember my father (Terry McDaniel) who served in World War II and my 13th Great Grand Father (Richard Warren) a Pilgrim who sailed on the Mayflower in 1620.

Our Membership V.P.'s and Program V.P.'s have arranged informative meetings for the 2009-2010 AAUW Program.

The following two articles can be found on the AAUW website.

Now This is Scary

You've heard the myths, the lies, and the scare tactics circulating about health care reform. Death panels. Loss of private insurance. Cuts to Medicare. Rationing of care. It's scary stuff. Thankfully, we know you don't buy it. What's really scary is what will happen without health care reform.

Without health care reform, insurance companies could continue the discriminatory practice of gender rating, and women could continue to pay monthly premiums ranging from four percent to 48 percent higher for individually-purchased health care plans than men. That's scary.

Without health care reform, insurance coverage for basic reproductive health care services for women could continue to be denied. That's scary.

Without health care reform, access to and coverage of preventive services like screenings, immunizations, and educational material may not be covered or expanded, and women could continue to die of preventable and treatable diseases. That's scary.

You've told your members of Congress that these three key elements must be included in any final health care reform legislation. **Now, tell a friend to do the same.**

While there is no shortage of proposals for how health care reform should be achieved, AAUW's emphasis is not on pushing one proposal over another, but instead ensuring that whichever program ultimately emerges provides access to quality and affordable health care for all Americans.



Clayton American Association of University Women

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Health care is intrinsically tied to economic security; this is particularly true for women, who earn less than men on average and use more health care services than men do. These two factors—less income, more costs—mean women face a high level of health care insecurity. Health care reform is necessary now more than ever, and it must focus on the need for access and affordability—in a way that is equitable to women.

Take Action!

Forward this message to a friend, and ask them to [urge their members of Congress](#) to support legislation that provides Americans with access to quality, affordable health care that is equitable to women. They can use the link below to send their message.

<http://capwiz.com/aauw/issues/alert/?alertid=13845226>

For more information, visit AAUW's new [health care issue page](#) and read AAUW's new [health care position paper](#).

AAUW's Position on Balancing Work and Life: Family Friendly Workplace Policies

AAUW believes that creating work environments that help employees balance the responsibilities of work and family is good public policy — good for workers, good for families, and good for business. AAUW's 2009-2011 Public Policy Program supports "greater availability of and access to benefits and policies that promote work-life balance," which are critical for women for "equitable access and advancement in employment."¹

Despite the Family and Medical Leave Act (FMLA) and a patchwork of state laws and employer-based benefits — many of which AAUW members helped to pass — family and personal sick leave remain elusive to many working Americans. In addition, despite the relative wealth of the United States, family oriented workplace policies in this country lag dramatically behind those in much of the rest of the world, including all high-income countries and many middle- and low-income countries as well.

While American workplace policies have lagged, the past 50 years have seen substantial changes in the composition of the American workforce. Two-thirds (64 percent) of women with children under six are in the labor force.² Nationwide, 22.9 million families provide care for an adult family member or friend, and nearly 80 percent of those care recipients are over the age of 50.³

AAUW will also work to advance policies that will improve workplaces for employees with family responsibilities of all kinds. Such protections and improvements are critical to breaking through educational and economic barriers for women.

For more information, call 202/785-7793 or e-mail VoterEd@aauw.org.

AAUW Public Policy and Government Relations Department

I hope to see everyone in November. This will be a terrific way to meet new friends and to learn something new and to find out what is new with AAUW at the State and National levels.

Check the State and National AAUW Website for Public Policy Issues. The latest Action Alert can be found online.

Dana McDaniel, Clayton Branch President And Public Policy Chair



Clayton American Association of University Women

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AAUW BRANCH DIRECTORY ADDITIONS



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Long Beach State, BA, Education
CSU Hayward, MA, Reading



The www.claytonaauw.org web site belongs to you. Please send photos, articles and suggestions for inclusion to: rkrane@yahoo.com

INTEREST GROUPS

BICYCLING –Take advantage of our great weather and bike trails. Times and dates TBA.
Marcia Hart - 827-9540



BOWLING at Clayton Valley Bowl the 2nd Friday of the month. Spouses welcome. Dinner afterwards call Dana McDaniel - 672-5024



BUNKO – First Tuesday, 7:30 PM. Judy Bates - 672-4620



COUPLES BRIDGE - Meets the 4th Saturday of the month at 7:30 PM. Carol Wolfe - 672-1303



EVENING LITERATURE - Meets the 4th Wednesday of the month at 7:30 PM.
Barbara Fogerson 672-2525. Reading: See Calendar on page 2



FIELD TRIPS AND OUTDOOR ADVENTURES - None scheduled for November
Adela Oldford - 672-9446

FINE ARTS – Visit local museums and art exhibits. Times TBA. Barbara Fogerson - 672-2525

GOURMET – Jo Ann Caspar - 672-7680 & Roseann Krane - 552-9799



GREAT DECISIONS – Does the world seem to get more complex as it grows smaller? Our discussion group can help put things into perspective as we discuss global issues. Topics and background are from the Foreign Policy Association of America. Joann Caspar - 672-7680.

LADIES EVENING BRIDGE - Meets the 2nd Wednesday of the month at 7:30 PM.
Mary Ann Hayes - 672-4391



LUNCH & A MOVIE: - Meets the 3rd Monday of the Month. JoAnn Caspar 672-7680

MAH JONG –Learn this ancient Chinese tile game. Sue Kelson - 672-0674



TRAIL HIKING - Hike Clayton's Trails. Meets 3rd Sat. of the month, Call Linda for meeting place and time. Linda Pinder – 672-7815



Welcome



New Members

Bienvenido

Donna Baggett

Bienvenue

Helen Palmer

Welkom

It's wonderful to have you!

Membership Luncheon--September 19, 2009

Minutes of the meeting

The meeting/luncheon took place at LaVeranda restaurant in Clayton.

The meeting was called to order by president Dana McDaniel at 11:40 a.m.

Joan Chesterman presented the proposed budget for 2009-2010.

A motion was made and seconded to accept the new budget.

The membership approved the budget.

Dana welcomed our guests and requested that they introduce themselves.

Prospective members: Paula Johnstone and Suzanne Yorkunas

New members: Donna Baggett, Lynne Cheney, Helen Palmer, Carolyn Wetzel.

Anne Fuller and Janise Trezise were unable to attend.

Featured speaker: Jo Harberson.

Tech Trek Girls: Gabby Brown, Megan Schussman, Sam Shuey

Their mothers: Angela Brown, Barbara Schussman, Shelly Shuey.

Jo Harberson spoke of the history and goals of AAUW.

Each of the girls spoke of their experiences at Tech Trek.

Luncheon followed the meeting.

MaryAnn Hayes

Recording Secretary

**Clayton AAUW
Board Meeting October 12, 2009
Minutes of the Meeting**

The meeting was called to order at 7:40 p.m by **President** Dana McDaniel.

Secretary MaryAnn Hayes did not have the August minutes at hand. They were tabled until the November meeting.

Dana announced the following: (1) that September officer packets will soon be distributed.

New this year, *AAUW Affiliate Agreement 501(c) (4)*. To be clarified.

that the bylaws need to be updated to reflect the change of the name of *The American Association of University Women* to the new name: *AAUW*.

EF, LAF will be called *AAUW Action Funds*.

President Elect Judy Bates requested volunteers to help with the March 24th Spaghetti Feed.

Judy and Sue Kelson attended the last IBC meeting. Some attendees promoted the "Speech Trek" program. When Clayton Valley High School was approached about this in the past, there was little interest; our branch has chosen not to participate.

Judy also announced that Clayton branch will be on the nominating committee for the 2010- 2011 for for State Officers.

V.P. Membership Luz Argyriou reported that the membership luncheon in September was a success. She graciously complemented those who assisted with the event.

Luz did express some disappointment in the number of regular members who did attend.

V.P.s Program Barbara Fogerson and Sue Kelson presented programs and ideas for the 2009-2010 year.

October 26, League of Women Voters

November 23, Panel of four local business women

December 6, Christmas party

January, (possibly) Joel Harris of Clayton Books

February 20 EF luncheon at Brookview, Concord branch is responsible

March , Spaghetti Feed fundraiser.

April, not yet determined

May, Installation Luncheon.

V.P. LAF Priscilla Schmalzel, not present.

V.P E.F. Diane Rogers announced that California was the top contributor to EF/LAF last year.

New information packets about EF/LAF will be distributed February 2010.

EF Luncheon will be in February. Concord Branch will choose Fellowship speaker.

EF/LAF will be named AAUW FUNDS.

Scholarship Chairperson needed.

Tech Trek Rosemary Harwood, Jeanne Boyd not present.

Communications/Publicity Chairperson, position not filled.

Announcements, Upcoming Board Meetings: November 2nd, January 4th or 11th.

Interest Groups:

JoAnn Caspar announced that the Lunch and Movie event will be on October 19th.

Sue Kelson welcomes new Mah Jong participants.

Meeting was adjourned at 8:55 p.m.

MaryAnn Hayes
Recording Secretary